

Museum of Love – Resource Kit

A guide to utilising the Museum of Love’s resources to create dementia friendly families, communities and services.

Know the facts

Dementia Australia has produced a wide range of resources outlining the facts about dementia and living with dementia. Please go to their webpage to find out what information is available and what services they provide. Web: <https://www.dementia.org.au/>

Make connections - Bigger Hearts Film

Now you know the facts, we suggest you watch the Bigger Hearts film which demystifies the stigma about talking to people living with dementia. The film shows 8 Ballarat residents with dementia having conversations with 8 other local people including a police officer, ambo, teacher, councillor, post master etc – to challenge the stigma:

- Watch the film: <http://www.celebrateageing.com/bigger-hearts.html>
- Invite people with dementia and their families to join you and share their experiences of interacting with local community or services
- Reflect on myths about dementia and how these were challenged by talking to a person with dementia.

Understand the importance of Small Acts of Love (reconnecting)

Small Acts of Love involves learning from people with dementia, their partners and family members about what relationships mean and how their relationships have been challenged and renegotiated.

- Visit the Small Acts of Love webpage: <http://www.celebrateageing.com/small-acts-of-love.html> (film and book coming in 2018)
- Invite people with dementia and their families to talk about the people they love and: how important connection is to them; the challenges they have experienced; and how they have renegotiated these challenges

Write a Letter

At the heart of the Letters of Love and Dementia Campaign is a film in which Anne Tudor and Edie Mayhew read letters they wrote to each other every day for a week. The letters come straight from the heart and capture the human experience of living with dementia.

- Visit the Letters of Love webpage: <http://www.celebrateageing.com/letters-of-love.html>
- Watch the film: Our Hearts Are Bigger
- Write a letter to someone with dementia
- Share your letter with someone

More information

Please contact Dr Catherine Barrett, Curator The Museum of Love for more information on how to use these resources or licencing arrangements. Phone: 0429 582 237 or email: director@celebrateageing.com